

St Thomas á Becket Church of England Federation

Blackboys CE Primary School
School Lane
Blackboys
Uckfield
East Sussex
TN22 5LL

Head of School: Mr G Sullivan



Framfield CE Primary School
The Street
Framfield
Uckfield
East Sussex
TN22 5NR

Head of School: Mrs J Davies

**Executive Headteacher:
Mrs J F King**

HEALTHY LIVING WEEK

Thank you to everyone who took part in Healthy Living week last week, we hope you enjoyed being more aware of what you were eating and how you could include more activity into your day.

We had a very successful week with some new initiatives being introduced. Beat the Street seems to have been extremely popular and we know we have some families who have been pounding the streets of Uckfield racking up the points for Blackboys School. Please remember that there is a card within the pack given to your child which parents can register to join the Blackboys team so that we can earn even more points. With the lovely, light evenings, it is a great time to have a family walk after dinner or at the weekends.

Well done to those children who entered the Healthy Living poster competition. School Council deliberated over who should win the prize and eventually chose a winner from Key Stage 1 and Key Stage 2. These winners were: Agnes Mckeever in Class 1 and Beth Cottingham in Class 4. Both girls won vouchers for swimming at the Leisure Centre.

We were also really impressed with the number of people who entered our healthy lunchbox competition. Each day Ms Butler and Miss Pavitt photographed the lunchboxes of those who wished to take part and their names were placed in a hat for a prize draw at the end of the week. On Friday, School Council drew out one name, and Ruby Nicholas in Class 2 was our winner! Ruby won a voucher for a trampolining session at Funabounds.

Please don't forget about all the fantastic things we learnt and did during Healthy Living Week. The changes you made last week should be changes for life, so it is important that we still think carefully about what we choose to put in our lunchboxes. We will be extending the raffle ticket scheme to those children who have a healthy packed lunch. People who are given a raffle ticket will be entered into the draw for a prize in the Friday assembly.

If you would like to see more of what we did during our Healthy Living Week we are currently in the process of putting together a book of photographs that will be available to view in the coming weeks. Once completed it will be available to look at in the main School reception area.

Keep being healthy!

Miss Stevens and Mrs Sullivan
Health Grant Leaders

