

# St Thomas à Becket Church of England Federation

**Blackboys CE Primary School**  
School Lane  
Blackboys  
Uckfield  
East Sussex  
TN22 5LL



**Framfield CE Primary School**  
The Street  
Framfield  
Uckfield  
East Sussex  
TN22 5NR

**Headteacher: Mr G Sullivan**

**Headteacher: Mrs L Pestell**

24<sup>th</sup> May 2019

Dear Parent / Carers

*Re: Jigsaw PSHE*

Across the Federation during term 6 all pupils will be taught the 'Changing Me' unit within the Jigsaw PSHE Scheme.

The Jigsaw PSHE Scheme is used to teach all areas of PSHE (personal, social & health education) in both Blackboys and Framfield Schools.

The 'Changing Me' unit covers the teaching of relationships and sex education as outlined by the government:

*"It is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality, and sexual health. It is not about the promotion of sexual activity - this would be inappropriate teaching."* Department for Education and Employment, SRE Guidance, 2000.

What are the aims of SRE?

- To enable young people to understand and respect their bodies, be able to cope with changes puberty brings, without fear or confusion.
- To help young people develop positive and healthy relationships appropriate to their age, development etc. (respect for self and others).
- To support young people to have positive self-esteem and body image, and to understand the influences and pressures around them.
- To empower them to be safe and safeguarded.

Below you will find a summary of what will be taught in each class.

CLASS	TAUGHT
CLASS 1	Growing up; how we have changed since we were babies.
CLASS 2	Boy's and girls' bodies; naming the body parts.
CLASS 3	Ideas about parenting and family roles, revise body parts, revise which body parts are private.
CLASS 4	Puberty for boys and girls, and conception

Although currently Parents/Carers have the legal right to withdraw their children from Relationship Education, this is rare and should be discussed with the Classteacher and myself please. From September 2020, Relationship Education will become statutory in Primary Schools.

If you'd like any further information we have produced a guidance sheet on tips for talking to your child. A copy of this is available from the School Office.

If you have any questions please do not hesitate to make contact with me, my email address is [hsullivan@blackboys.e-sussex.sch.uk](mailto:hsullivan@blackboys.e-sussex.sch.uk)

Yours sincerely

Mrs Hannah Sullivan  
**Federation PSHE Lead**